



Business Profile

Wendy Turner-Larsen Leadership/Health Coach, Training Consultant, Speaker

Wendy's educational background; a Master of Arts in Adult Education (Leadership thesis), a Master of Arts in Counselling/Psychology and a Master of Science in Health and Nutrition (neuroscience) are the strong foundation to which Wendy has added more than 14 years experience as a professional coach, 18 years as a psychotherapist/psychologist, and over 25 years teaching, speaking and providing leading edge leadership development for her clients.

Wendy is well equipped to work with diverse employee groups within organizations and to lead and facilitate relevant and high value training and learning experiences. Wendy incorporates a new and leading edge area of the science of brain health into her coaching, training and speaking to offer a unique approach to individual and organizational change, growth and leadership development. She has studied and worked internationally. Through her business, Turner Larsen Consulting, she provides a wide range of leadership/executive/health coaching and corporate training initiatives.

Her expertise as a human behaviour expert, lies in the area of leadership development utilizing emotional intelligence in the workplace, neuroscience and how this relates to leadership and peak performance, emotional wellness and stress management as a foundation to leadership and how to effectively create work cultures that are emotionally smart. She is a licensed facilitator of the emotional intelligence program and workshop known as Emotional SMARTS® and is the designer and facilitator of the Personal Excellence Program, a 2 day transformative workshop addressing key emotional intelligence competencies and Resilience and Stress Management at Work an innovative and holistic approach to developing workplace and personal well-being. A much sought after leadership and executive coach, Wendy is also an insightful and engaging facilitator and communicator. She is presently contracted as a facilitator with Morneau Shepell, who in conjunction with Queen's University provides certification in Mental Health @ Work Leadership Certificate Program.

While establishing and sustaining a full time, successful counselling and coaching practice, Wendy:

- Designed and delivered a 10 week program, run one-half day a week for SGI. This program known as the Personal Excellence workshop was delivered over a seven year period at Saskatchewan Government Insurance. Since that time, this training has been implemented by other organizations such as SaskEnergy, the City of Regina, DirectWest, Conexus and Farm Credit Canada.
- Designed, customized and delivered numerous non-technical, interpersonal workshops for a variety of Saskatchewan based organizations such as: Resilience at Work, Emotional Intelligence, Behavioural/Communication styles.